



**BE PART
OF IT**

ACTIVITIES & TRIPS
City College Plymouth 2018/2019

STUDENT CENTRE

The Student Centre is where you can go to take a break in between your classes, meet up, or find out what's happening in and around the College.

The Student Centre is open Monday to Friday, 8.30am until 4.00pm during term time.

The centres offer activities such as pool or table tennis, games consoles, as well as TV, comfy seating areas and workshop space. The centres are your space to use to relax, get information or maybe just eat your lunch!

Please feel free to come in, have a chat and use **YOUR** Student Centre.



STUDENT LIAISON ACTIVITIES & TRIPS

We've linked-up with a number of places to bring you a wide range of experiences at an affordable price. All you need to do is register your interest and when the minimum number required is met, we are good to go!

Tenpin Bowling

Price: £10

Includes: 2 games and a burger meal

Minimum: 8 people



Delta Force Paintball

Price: £25

Includes: 200 paintballs and transport

Minimum: 8 people

Karting

Price: £25

Includes: 2 sessions and transport

Minimum: 10 people



Goals

Price: FREE

Includes: 1 hour session

Minimum: 10 people

Plymouth & Devon Schools Sailing Association (PDSSA)

We are now members of the PDSSA which entitles all students to 25% off open sailing and kayaking sessions.

Please ensure you produce College ID to receive your discount.

Visit www.pdssa.org

CLUBS & COMPETITIONS

Anyone can enter, whether you play a sport for a club already or you would like to enter with a group of friends from your course.

Our popular leagues include 5-a-side Football, Table Tennis and Pool. If you would like to enter into one of the leagues or tournaments all you have to do is fill in a registration form for the specific sport you would like to enter, hand this back into the Student Centre.



TRIPS - 2018

For more information on any of the below trips, ask a member of staff in the Student Centre.

October

Camel Trail

Price: £5

Includes: bike hire and transport

Date: Friday 5 October, 2018



Thorpe Park

Price: £50

A day at Thorpe Park, with over 30 thrilling rides, attractions and live events.

Includes: park entrance and transport

Date: Friday 12 October, 2018

November

'Learn 2 Live' Road Safety Presentation

Price: FREE

Includes: AM or PM presentation at Plymouth Pavilions

Date: Thursday 15 November, 2018

Bath Christmas Markets

Price: £10

Includes: transport

Date: Friday 30 November, 2018



December

Christmas Markets in London

Price: £100

A weekend of Christmas markets and sightseeing in London open to all students

Includes: 2 nights accommodation and transport

Date: Friday 7 December, 2018



TRIPS - 2019

February

Camel Trail

Price: £5

Includes: transport

Date: TBC



March

UCAS exhibition (Exeter)

Price: Free

Includes: transport

Date: TBC



April

Thorpe Park

Price: £50

A day at Thorpe Park, with over 30 thrilling rides, attractions and live events.

Includes: park entrance and transport

Date: Friday 26 April, 2019

July

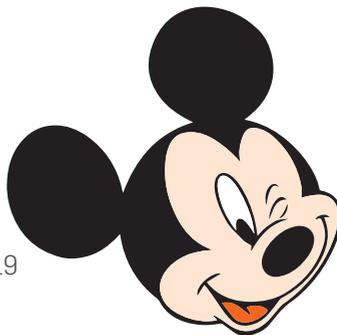
Disneyland Paris

Price: £350

A 2 night 3 day stay at Disneyland Paris.

Includes: 2 day / 2 parks hopper ticket, accommodation and transport

Date: Monday 8 July – Wednesday 10 July 2019



CAMPAIGNS

Over the year, the Student Liaison team will be running loads of campaigns to encourage students to have a voice on issues that affect them.

Here are the campaign themes this year:

October

- Breast Cancer Awareness Month
- World Mental Health Day (Wednesday 10 October)
- World Food Day (Tuesday 16 October)
- Sugar Awareness Week (Monday 29 October)

November

- Men's Health Awareness Month
- Anti-Bullying Week (Monday 12 November)

December

- Christmas Jumper Day (Friday 14 December)

January

- 'New Year, New You'

February

- 'Affairs of the Heart' (Thursday 14 February)

March

- Self-Injury Awareness Day (Friday 1 March)
- No-Smoking Day (Wednesday 13 March)

May

- Exam Stress (Monday 20 May)



STUDENT OPPORTUNITIES

Student Liaison offers a range of enrichment activities for students to try out. From fundraising to driving theory support, there's always something going on to help you outside of College.

If you can't find the perfect activity for you, don't worry!

Just contact **studentliaison@cityplym.ac.uk** and we will try our best to help!



PAYING FOR YOUR TRIP

In order to book your place on a trip, you will need to pay a deposit as soon as possible. You can do this online by following these steps:

1. Go to onlinestore.cityplym.ac.uk
2. Click 'Product Catalogue'
3. Click 'Student Trips and Activities'
4. Click 'Student Liaison'

Alternatively, you can pay at the Cash Office. Once we receive payment you will be sent a confirmation letter and further details regarding the trip.

Please be aware that unfortunately we are not able to offer a refund if for any reason you do not attend on the day. We also require that all students complete an 'Activity Consent Form'.



LEGAL INFORMATION

General Data Protection Regulation (GDPR) 2018

City College Plymouth collects and stores the enclosed information for the purpose of legal obligations and your health and safety whilst attending the College Gym or other Health, Fitness & Sport activities. The information collected is confidential and will only be shared with necessary members of College staff and activity providers who have a duty of care within the provision of the activity and any emergency or medical services. By signing this form you will have consented to the processing of your personal data for such purposes.

Media Statement

I hereby consent to my image/video footage of me appearing on the College Website, in College brochures, literature, local and national press, and any such other promotional material relating to City College Plymouth, which may include social media such as Facebook and YouTube. I agree to assign to City College Plymouth any intellectual property rights and to waive any moral or performing rights I may have or acquire by reason of my participation in such promotional material. I also understand that the College will not distort the image so as to bring it into disrepute. I understand that my image may be used on more than one occasion during the period of three years from the date the photograph was taken. I understand that I can withdraw this consent at any time, by writing to the College's Legal & Risk Officer, but that such withdrawal of consent will not affect any processing which has already taken place or is taking place and shall not affect my entitlement to remain registered and enrolled as a student of City College Plymouth.

Trip Agreement

All students need to understand that trips cannot be used as a reason to avoid College commitments, or to seek time out of class. Under no circumstances is alcohol allowed to be consumed on, immediately before or during the journey. In order to run events effectively and within the time restraints given, we request that students arrive prior to the agreed times. Although we will wait as long as possible if you are running late, please be aware that if necessary, we will leave you behind. If you are lost or know you will be late, please contact the Trip Coordinator as soon as possible by mobile telephone. The name and number of the Trip Coordinator will be made known to you on the day or prior to departure at the latest. The College will provide supervision via the Trip Coordinator once at the destination. All students are required to comply with the reasonable instructions of the Trip Coordinator at all times. In the event that you fail to comply, we reserve the right to terminate your place on the trip and will send you home. Students must bring a working mobile telephone that is charged and has sufficient credit (for overseas journeys you must ensure that it will work in the destination). If you have difficulty in meeting this requirement please contact the College immediately who will be able to make alternative arrangements on your behalf. You are required to provide emergency contact details to the College prior to departure. Appropriate travel insurance will be provided by the College, the costs of which are included in the trip fee. Further details are available upon request. City College Plymouth shall not be liable and expressly excludes responsibility for any loss, cost, expense or damage suffered by the student as a result of any loss, theft, misuse or damage to property and personal effects, including without limit any mobile telephone or equipment of the student. Students must understand that whilst with us, they represent City College Plymouth, and we expect all students to act accordingly.

ACTIVITY CONSENT FORM



Student Details

Full Name:	Student Number:
Mobile Number:	Date of birth:

Emergency Contacts

Contact Name:	GP Name:
Contact Address:	GP Address:
Contact Number:	

Medical Details

Has your doctor ever said that you have a heart condition and that you should only do physical exercise recommended by a doctor? YES NO

In the past month, have you experienced any chest pain? YES NO

Do you ever lose your balance because of dizziness or ever lose consciousness? YES NO

Do you have a bone or joint problem, for example back, knee or hip, that could be worsened or adversely affected by a change in your current physical activity? YES NO

If yes, please give details: YES NO

Are you pregnant or have had a baby in the last six months? YES NO

Do you normally carry any medication? If yes, please give details: YES NO

Do you suffer from any physical/medical condition, which could be affected by any activity organised by Student Liaison? If yes, please give details: YES NO

Are you allergic to any medication and/or have any allergies or dietary requirements? If yes, please give details: YES NO

Do you require additional support? YES NO

Swimming ability (please tick) Non Swimmer Water confident

Student Declaration

Name of Trip: _____ Date of Trip: _____

I consent to participating in the College trip/activity and I have read and understand all of the information detailed on the back of this form.

Student Signature: _____ Date: _____

Parental Consent (for students under 18)

Parent/Guardian Name: _____ Relationship to Student: _____

Parent/Guardian Signature: _____ Date: _____



Once completed, take this form to the Student Centre or post to: **Student Liaison Team, Freepost RRGZ-EALH-SACS, City College Plymouth Student Centre, Kings Road, Plymouth, PL1 5QG**